



Preliminary schedule

COST training school in Gothenburg 15-17 October 2018

Learning objectives:

1. To develop a shared understanding of Person Centred Care (PCC) and its evidence base
 - Ethic and Practice of PCC
 - The nature of the evidence base (qual, quant, RCT, Reviews) and the limitations of 'evidence'.
 - The relationship between health promotion (HP) and PCC
2. To identify the barriers and facilitators of implementing PCC in different settings.
 - On the micro, meso and macro levels to create a more detailed understanding and match barriers to facilitators where possible.
 - Barriers, for example organizational culture, lack of understanding/leadership, incentives, fear and resource constraints will be considered. Evidenced facilitators, for example HIT, organizational leadership and support, training, partnership in decision-making in organizations, incentives and data driven quality improvement will be discussed.
3. To examine the implications of changing current practice for a range of stakeholders
 - For example different professional groups, administrative groups/ organizations, patient groups.
 - Cultural vs. Institutional logics approach to organizational change – how to take advantage from/overcome hybridization of healthcare and social care environment (networks of organizations).
4. To explore challenges to delivering the routines and key areas to consider
 - Including for example access/candidacy, documentation.
 - Relationships between data recorded in PCC health plans and routinely collected data
5. To explore the ways in which PCC and health promotion can be measured and evaluated in order to:
 - Inform and improve the delivery of care
 - Satisfy a range of different stakeholders

Day 1

- Introduction to the ideas of COST Cares, PCC and Health promotion
- Short work shop- Identification of barriers (and related facilitators) for implementation
- Leadership and implementation of PCC in Sweden
- Culture/ institutional logics/ power perspectives on implementation
- Implementation of PCC in primary care



- Experiences from a narrative project: theory development, added value from the trials, health inequalities/access/candidacy and person centered care
- Workshop: The Nature of and use of different forms of data to measure and evaluate PCC and Health Promotion

Day 2

- Technology as a facilitator for PCC and HP
- Using the patient voice to improve care: PREMs, PROMs and Novell new approaches
- Short work shop- Identification of barriers and opportunities of technology in PCC and HP
- Medical record online- security-
- Who should have access and be able to write in the medical records? Culture/ power perspective
- Workshop- working with health plans (workshop exercise: coding hypothetical health plans into conventional medical record formats)

Day 3 (half day)

- Prescribed physical activity in practice
- Changing practice behavior to include health promotion
 - Successful implementation strategies and their impact on primary care physicians and their patients
 - Critical elements for scaling up
- Big data/ registries- how can we use it in PCC and HP?
- Workshop on health promotion (workshop exercise: participants using data from their own countries to identify specific challenges to HP)

Trainers:

Inger Ekman, Roman Lewandowski, Heathers Rogers, Mats Börjesson, Sara Wallström, Ida Björkman, Nicky Britten, Helen Lloyd, Andreas Fors, Catarina Wallengren, Ben Fosh, Debra Westlake.

Schedule and trainers may be subject to change.